



NATIONAL REGISTER
OF HEALTH SERVICE PSYCHOLOGISTS

CLINICAL WEBINARS

FOR HEALTH SERVICE PSYCHOLOGISTS

TRANSLATING RESEARCH TO PRACTICE

15 Things Veterans Want You to Know

Heidi Squier Kraft, PhD

Presented by



NATIONAL REGISTER
OF HEALTH SERVICE PSYCHOLOGISTS

Attendees Earn One Continuing Education Credit

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Heidi Squier Kraft, PhD



Heidi Kraft, PhD, received her PhD in clinical psychology from the UC San Diego/SDSU Joint Doctoral Program in Clinical Psychology in 1996. She served in the Navy from 1996 to 2005 as both a flight and clinical psychologist. During this time, she flew in nearly every aircraft in the Navy and Marine Corps inventory, including more than 100 hours in the F/A-18 Hornet.

At PsychArmor Institute, she provides oversight for all clinical course content and supervises Masters level mental health providers. She is frequently invited to speak at conferences and panels on combat stress, stigma and caring for the caregiver. She is an adjunct professor at San Diego State University, where she teaches stress, trauma and the psychological experience of combat, as well as abnormal psychology.

Disclosures/Conflicts of Interest

- I have no additional disclosures or conflicts of interest.

References/Citations

- Kraft, H.S. (2007). Rule Number Two: Lessons I learned in a combat hospital. Little Brown and Company; New York, NY.
- Brim, W.L. (2013). Impact of military culture on the clinician and clinical practice. In Moore, B.A. and Barnett, J.E. (eds). Military Psychologists' Desk Reference. Oxford University Press; New York, NY.
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- Grossman, D. (1995). On Killing: The Psychological Cost of Learning to Kill in War and Society. Little, Brown and Company. New York, NY.

Photo References

- Heidi Kraft personal pictures (Iraq 2004)
- Navy.mil
- Marines.mil
- AF.mil
- Army.mil
- USCG.mil
- Nationalguard.mil

Learning Objectives

- Demonstrate the importance of the military as a culture in their clinical interactions with Veterans and their families.
- Describe at least three questions psychologists should ask Veteran patients when they get to know them.
- Discuss at least three values military people hold dear, and how they might affect your clinical interactions with them.













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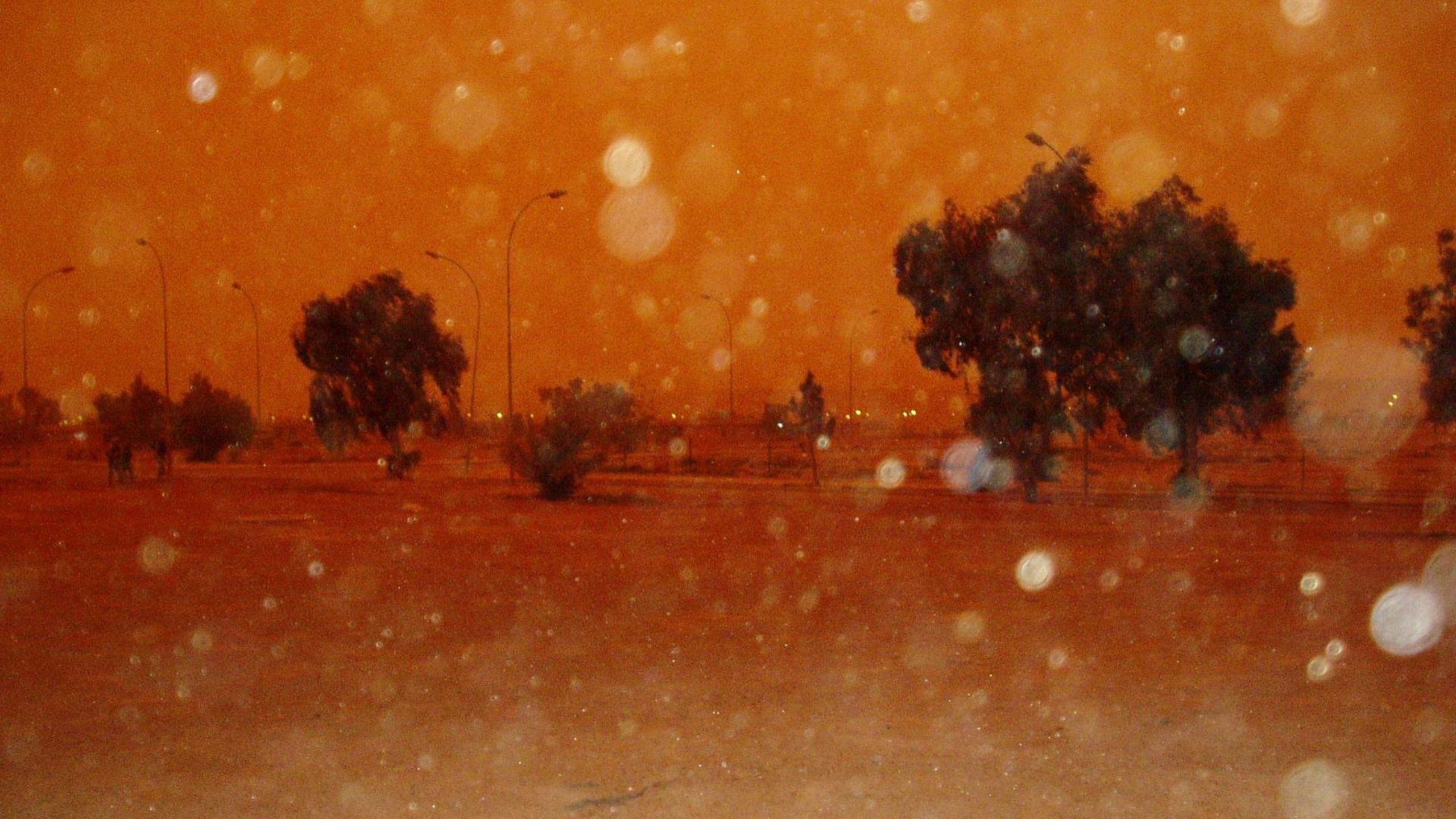






























WE ASKED HUNDREDS OF VETERANS

And their answers became,
“The 15 Things Veterans Want You to Know.”



1

WE ARE NOT
ALL SOLDIERS.





2

THE RESERVES ARE
PART OF THE
MILITARY.



3

**NOT EVERYONE IN
THE MILITARY IS
INFANTRY.**



4

**WE HAVE LEADERS AT
EVERY LEVEL IN THE CHAIN
OF COMMAND.**



5

**WE ARE ALWAYS
ON DUTY.**



6

**WE TAKE PRIDE IN OUR
CONDUCT AND IN OUR
APPEARANCE**



WE DID NOT ALL KILL SOMEONE.

And those that did do not want to talk about it.



8

**WE DO NOT ALL HAVE
PTSD.**



9

**THOSE OF US WHO DO HAVE AN
INVISIBLE WOUND ARE NOT
DANGEROUS, AND NOT VIOLENT.**



10

**IT IS REALLY HARD FOR
US TO ASK FOR HELP.**



11



OUR MILITARY SERVICE
CHANGES US.



12



**WE DIFFER IN HOW MUCH WE
IDENTIFY WITH THE MILITARY
AFTER WE LEAVE ACTIVE
DUTY.**



13

**OUR FAMILIES SERVE
WITH US.**



14



**WE WOULD DIE FOR
EACH OTHER, AND FOR
OUR COUNTRY.**



15

**WE ALL MADE
THIS SACRIFICE
FOR ONE REASON –
TO SERVE SOMETHING
MORE IMPORTANT
THAN OURSELVES.**

Q&A



- Dr. Sammons will read select questions that were submitted via the Q&A feature throughout the presentation.
- Due to time constraints, we will not be able to address every question asked.

Thank You for Joining Us!

- If you have comments or feedback regarding this webinar, please email CESupport@nationalregister.org
- We hope you can join us on December 11, 2019 for our webinar on Integrated Biobehavioral Treatment of Migraine with Dr. Scott Powers.



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